



## Mentoring System at Montfort College

Every class will have **Class Mentor**, a member from the faculty who becomes the contact person for any issue. Students are encouraged to reach out to their class mentor who sometimes plays the role of a support giver and takes an active role in helping the students.

The mentoring gives the faculty the opportunity to get to know the students more closely and for the students to know and experience that the college cares for them individually and experience that there is a point of reference when they are faced with any issue or problem.

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### OBJECTIVES OF MENTORING:

- To supervise and guide the students academically.
- To have a contact person for the students when they are faced with any kind of issues (administrative, interpersonal with peers and faculty, management, social, familial, etc.) that may need assistance or guidance.

Students can consult the mentor regarding their personal issues (in cases where mentees need professional help, mentor will direct/refer them appropriately), any conflicts, issues or concerns they are having in the college or elsewhere or if they need to plan for their future, for example, career choices.

The students will be required to attend all individual / group mentoring sessions whenever they are organised.

Students may note that mentor will take special interest in their activities if the mentor feels any alarm or cause for the concern regarding the students attendance / behaviour

Mentoring can include some structured activity planned by the mentor or mentees. Professional Development sessions may be guided by mentors and these may include watching movies on psychological topics, discussions on current affairs trends careers in Psychology and Counselling, grooming to be a professional and so on. For such activities, more than one mentoring groups can be combined. Sometimes workshops will be conducted by practicum students which will be announced as and when they are organized.

The college also has a **Buddy System**. Every new student has a 'buddy' - a senior student-who is available to help. This is particularly useful for new students to get familiar with the system, finding reference material, and contact places for internship etc. This has been found to be very useful as students get help from an experienced peer. Buddies are also assigned from classmates, to assist students with different skills and abilities.